

25 August 2023 LATE

How to Become a Poet during Your English Drama Class

This workshop teaches you how to use simple and powerful techniques to unfold your students' creative potential during your English Drama Classes. We will do the "5 Words in Shade and Light" exercise and use the acronym technique to unlock one's Inner Poet.

Warm-up

MMM – chest resonator, head resonator

'It's OK' intonation

Yawning – chest resonator

Walking – EYE contact; HELLO!

Greetings: each meeting with a new person should be different: like Ladies

Similarities

Copy someone's movements

Escape from someone

Follow

Your Name written with Your nose (stress release at the back of the head)

Improvisation with the sound

Name (adjective + sound + movement) (repeat)

Pass your name (adjective + sound + movement) (repeat)

Pass the sound (at school, from an animal...)

Emotional scale 20-40-60-80-100%:

Fear Joy

Concentration games:

Names with the balls

zip-zap-pau;

Sword game (cut heads, cut legs, cut apart)

Associations with the rhythm

Dark And Light Stories

5 words in the shade

5 words in the light

I am ...

You are...

I am ...

You are ...

1. One Sentence, using 3+ words from the Dark and Light sections:

2. 6 words poem

Performance

Going on stage

Your Name

5 words in Shade and Light "I'm..."

Sentence

Saying goodbye - dramatic etude 30 sec

Everyone's saying good bye in a different way (superstars)